

Place	Bib	Surname	Name	Sex	Cat	Lap 1	Lap 2	Race Time
1	1032	Cunnane	Eanna	M	Sen	0:15:29	0:15:18	0:30:46
2	1193	Deveney	Simon	M	Sen	0:15:32	0:15:59	0:31:30
3	1150	O'toole	Peter	M	Sen	0:16:36	0:17:11	0:33:47
4	1044	Donovan	Patrick	M	Sen	0:16:35	0:17:14	0:33:50
5	1047	Drennan	Barry	M	Sen	0:16:46	0:17:09	0:33:55
6	1297	Clancy	John	M	Sen	0:16:28	0:17:41	0:34:10
7	1121	Meaney	Richard	M	Sen	0:16:45	0:17:33	0:34:19
8	1099	Lynch	Trevor	M	Sen	0:16:49	0:17:35	0:34:23
9	1103	Maguire	John	M	Sen	0:17:17	0:17:39	0:34:56
10	1012	Boyd	Mark	M	Sen	0:17:04	0:17:57	0:35:00
11	1039	DONAGH	IAN	M	M40	0:17:18	0:17:45	0:35:04
12	1029	Cullen	Alan	M	Sen	0:17:00	0:18:05	0:35:05
13	1101	Mac Carthy	Niall	M	Sen	0:17:15	0:18:23	0:35:39
14	1024	Clerkin	Ger	M	Sen	0:17:23	0:18:26	0:35:50
15	1149	O'Sullivan	Tom	M	Sen	0:17:28	0:18:34	0:36:03
16	1114	McCorry	Niall	M	Sen	0:18:17	0:17:47	0:36:07
17	1031	Cundill	Petch	M	Sen	0:17:37	0:18:34	0:36:12
18	1191	O'brien	Paul	M	Sen	0:18:05	0:18:25	0:36:31
19	1132	O' connell	Kieran	M	Sen	0:18:08	0:18:26	0:36:41
20	1153	Power	Darragh	M	Sen	0:17:58	0:18:50	0:36:51
21	1151	O'Toole	Martin	M	Sen	0:17:54	0:19:11	0:37:08
22	1060	Gallagher	Paraic	M	Sen	0:17:27	0:19:49	0:37:17
23	1145	O'Reilly	Anthony	M	Sen	0:17:57	0:19:26	0:37:25
24	1131	O brien	Stephen	M	Sen	0:18:11	0:19:13	0:37:36
25	1049	Egan	Ann Marie	F	Sen	0:18:06	0:19:43	0:37:50
26	1192	Dutton	Justin	M	Sen	0:18:07	0:19:44	0:37:51
27	1014	Branagan	Oisín	M	Sen	0:18:47	0:19:19	0:38:10
28	1038	Doherty	Paul	M	Sen	0:18:42	0:19:33	0:38:15
29	1125	Murphy	Tony	M	Sen	0:18:36	0:19:32	0:38:15
30	1122	Miley	Mark	M	Sen	0:18:31	0:19:44	0:38:16
31	1199					0:18:47	0:19:28	0:38:17
32	1006	Bennis	Alan	M	Sen	0:18:42	0:19:37	0:38:22
33	1135	O'Connell	Brian	M	Sen	0:19:28	0:19:01	0:38:37
34	1025	Conway	Brian	M	Sen	0:19:25	0:19:14	0:38:41
35	1033	Curran	Paul	M	Sen	0:19:06	0:19:48	0:38:53
36	1112	McCarthy	Kevin	M	Sen	0:19:35	0:19:20	0:38:59
37	1188	O'Reilly	Helen	F	Sen	0:18:50	0:20:17	0:39:08
38	1190	Quinn	Paul	M	M40	0:19:31	0:19:36	0:39:10
39	1071	Haran	Aidan	M	Sen	0:19:38	0:19:35	0:39:27
40	1137	O'Donnell	Patrick	M	Sen	0:19:38	0:19:54	0:39:35
41	1078	Johnson	Richard	M	Sen	0:18:08	0:21:31	0:39:39
42	1065	Grealis	Peter	M	Sen	0:19:33	0:20:03	0:39:46
43	1050	Elliott	Bronagh	F	Sen	0:20:09	0:20:03	0:40:18
44	1160	Seymour	Julian	M	Sen	0:19:22	0:21:05	0:40:27
45	1042	Donnelly	Jayne	F	Sen	0:20:12	0:20:47	0:41:03
46	1165	Stapleton	Patrick	M	Sen	0:20:32	0:20:29	0:41:08
47	1092	Lavery	Niall	M	Sen	0:20:42	0:20:05	0:41:10
48	1105	Maguire	Karl	M	Sen	0:22:39	0:18:28	0:41:13
49	1197	Walsh	Irene	F	F40	0:20:20	0:20:51	0:41:14
50	1113	McCarthy	Fiona	F	Sen	0:20:25	0:20:44	0:41:15
51	1090	Kristensen	Jakob	M	Sen	0:20:43	0:20:29	0:41:18
52	1138	O'Flannagain	Donal	M	M40	0:21:01	0:20:10	0:41:20
53	1002	Agar	Carole	F	Sen	0:20:34	0:20:46	0:41:23

54	1089	Kirwan	Andrew	M	M40	0:19:36	0:22:03	0:41:40
55	1051	Farrell	Declan	M	Sen	0:20:51	0:20:50	0:41:54
56	1162	Shukla	Prateek	M	Sen	0:20:50	0:21:01	0:41:58
57	1126	Murray	Paul	M	Sen	0:20:46	0:21:28	0:42:16
58	1079	Johnston	James	M	Sen	0:20:58	0:21:43	0:42:45
59	1161	Sheridan	Anthony	M	Sen	0:20:29	0:22:18	0:42:52
60	1175	Whyte	Paul	M	M40	0:22:01	0:20:42	0:42:54
61	1127	Murray	Aoife	F	Sen	0:20:59	0:22:00	0:43:02
62	1081	Kavanagh	John	M	Sen	0:21:45	0:21:24	0:43:18
63	1159	Scott	Moira	F	Sen	0:21:20	0:21:50	0:43:22
64	1087	Kennedy	Mark	M	Sen	0:00:04	0:22:10	0:43:38
65	1148	O'Riordain	Cathal	M	M40	0:21:26	0:22:21	0:43:50
66	1140	Oliver	Kevin	M	M50	0:21:42	0:22:08	0:43:54
67	1128	Neve	Nicola	F	Sen	0:21:38	0:22:19	0:44:02
68	1189	Knight	Daniel	M	Sen	0:21:45	0:22:15	0:44:05
69	1119	McManus	Brenda	F	Sen	0:22:28	0:21:38	0:44:14
70	1028	Cullen	Amy	F	Sen	0:22:43	0:21:50	0:44:36
71	1069	Guiney	Denise	F	Sen	0:21:29	0:23:10	0:44:39
72	1158	Ryan	Roisin	F	Sen	0:22:41	0:21:56	0:44:47
73	1055	Finn	Gerard	M	Sen	0:23:01	0:21:37	0:44:49
74	1177	Wormald	Robert	M	Sen	0:23:52	0:21:07	0:45:15
75	1169	Wahab	Hisan	M	Sen	0:21:43	0:23:28	0:45:21
76	1195	Wickham	Conor	M	Sen	0:23:26	0:21:56	0:45:35
77	1211	Byrne	Kinga	F	Sen	0:23:20	0:22:19	0:45:45
78	1048	Duggan	Michael	M	Sen	0:23:17	0:22:22	0:45:50
79	1163	Slevin	Peter	M	Sen	0:24:18	0:21:26	0:45:53
80	1130	Nolan	Alan	M	Sen	0:22:32	0:23:10	0:45:57
81	1274	Talbot	Eleanor	F	Sen	0:23:24	0:22:42	0:46:19
82	1293	Haran	Sean	M	Sen	0:24:15	0:22:22	0:46:51
83	1176	Windrum	John	M	M40	0:22:05	0:24:46	0:46:57
84	1100	Lyons	Mandy	F	Sen	0:23:58	0:22:56	0:47:02
85	1097	Loughrey	Sile	F	Sen	0:23:08	0:24:00	0:47:17
86	1052	Farrell	John	M	M50	0:23:14	0:24:15	0:47:40
87	1116	McDonald	Niamh	F	Sen	0:22:57	0:24:42	0:47:43
88	1064	Grace	Niamh	F	Sen	0:24:12	0:23:19	0:47:46
89	1170	Walsh	Adrian	M	M50	0:23:12	0:24:27	0:47:50
90	1054	Fields	Anita	F	Sen	0:24:18	0:23:26	0:47:53
91	1124	Murphy	Louise	F	Sen	0:00:11	0:24:13	0:48:29
92	1009	Blais	Celine	F	Sen	0:24:13	0:24:03	0:48:32
93	1062	Gleeson	Niamh	F	Sen	0:24:16	0:24:11	0:48:39
94	1115	McDemott	Neil	M	Sen	0:23:20	0:25:16	0:48:44
95	1085	Kennedy	Miranda	F	Sen	0:24:22	0:24:24	0:48:51
96	1107	Mannering	Nicola	F	Sen	0:24:21	0:24:31	0:48:57
97	1045	Dowling	Florence	F	Sen	0:23:30	0:25:34	0:49:10
98	1134	Obyrne	Fiona	F	F40	0:24:18	0:24:53	0:49:16
99	1194	O'connor	Gillian	F	Sen	0:25:17	0:23:49	0:49:17
100	1021	Carr	Helen	F	Sen	0:25:23	0:24:18	0:49:46
101	1034	D'Arcy	Keith	M	Sen	0:24:42	0:25:01	0:49:56
102	1036	Devenney	Simon	M	Sen	0:25:04	0:25:14	0:50:20
103	1083	Kelleher	Denise	F	Sen	0:25:25	0:24:56	0:50:26
104	1073	Hennessy	Annette	F	Sen	0:24:06	0:26:11	0:50:27
105	1046	Dowling	Geraldine	F	Sen	0:24:54	0:25:33	0:50:42
106	1077	Johnson	Lucy	F	F50	0:24:57	0:25:44	0:50:46
107	1216	Costello	Carol	F	Sen	0:24:58	0:25:44	0:50:47

108	1058	Francois	John Rene	M	Sen	0:00:05	0:25:04	0:50:59
109	1198	Barrett	Dave	M	M50	0:25:25	0:25:38	0:51:09
110	1142	O'Malley	Elaine	F	Sen	0:26:05	0:25:18	0:51:29
111	1086	Kennedy	Margaret	F	F50	0:25:35	0:25:49	0:51:36
112	1093	Law	Alan	M	Sen	0:23:50	0:27:47	0:51:39
113	1091	Lally	Ailish	F	Sen	0:25:05	0:26:32	0:51:40
114	1084	Kelly	Eimear	F	Sen	0:26:27	0:25:06	0:51:49
115	1026	Corcoran	Jacinta	F	Sen	0:25:38	0:26:05	0:51:59
116	1129	Ni Chearnaigh	Eilis	F	Sen	0:25:39	0:26:04	0:51:59
117	1152	Phillipson	Norman	M	M60	0:25:56	0:26:14	0:52:24
118	1266	Prendergast	Vera	F	Sen	0:25:59	0:26:28	0:52:37
119	1242	Heneghan	Mark	M	Sen	0:00:06	0:26:43	0:52:37
120	1057	Fitzgerald	Mary Denise	F	Sen	0:26:27	0:26:37	0:53:20
121	1156	Rice	Niamh	F	Sen	0:26:37	0:26:58	0:53:48
122	1095	Lee	Natalie	F	Sen	0:26:37	0:26:58	0:53:48
123	1157	Ryan	Clare	F	Sen	0:25:52	0:27:56	0:53:52
124	1072	Healy	Carol	F	Sen	0:26:08	0:27:39	0:53:53
125	1196	Byrne	Caitriona	F	Sen	0:27:30	0:26:25	0:54:07
126	1011	Bobbett	Joanne	F	Sen	0:26:33	0:27:54	0:54:36
127	1182	McGrath	Ciaran	M	M60	0:26:39	0:28:55	0:55:36
128	1053	Fenelon	Orla	F	Sen	0:27:05	0:28:29	0:55:44
129	1184	Brennan	Siobhan	F	Sen	0:27:57	0:27:42	0:55:48
130	1183	Brennan	Carol	F	Sen	0:27:57	0:28:56	0:57:02
131	1141	O'Loughlin	Michelle	F	Sen	0:28:30	0:29:34	0:58:17
132	1187	Brennan	Antionette	F	Sen	0:28:11	0:30:31	0:58:57
133	1013	Boyle	Susan	F	Sen	0:28:00	0:30:54	0:59:10
134	1282	White	Barbara	F	Sen	0:28:00	0:30:54	0:59:10
135	1098	Luebbert	Britta	F	Sen	0:31:39	0:32:53	1:04:46
	1120	McMurtry	Richard	M	Sen	0:21:12		DNF
	1061	Gannon	Robbie	M	M40	0:21:24		DNF
	1104	Maguire	Maria	F	Sen	0:22:46		DNF
	1289	Cully	Laurence	M	Sen	0:24:01		DNF
	1094	Lawlor	Keith	M	Sen	0:24:02		DNF
	1232	Fischer	Jean	F	F40	0:25:09		DNF
	1185	Bolger	Sorcha	F	Sen	0:26:09		DNF
	1220	Donegan	Liz	F	Sen	0:26:31		DNF
	1200	Brenda	Malley	F	F50	0:30:40		DNF

Chip Time
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Short Course

Place	Bib	Surname	Name	Sex	Cat	Race Time	Chip Time
1	1290	Fillon	Raphael	M	Sen	0:15:31	0:15:29
2	1277	Towey	David	M	Sen	0:15:39	0:15:38
3	1278	Towey	Kieran	M	M40	0:16:44	0:16:42
4	1271	Shaw	Gareth	M	Sen	0:17:16	0:17:14
5	1254	McLindon	Stuart	M	Sen	0:17:39	0:17:37
6	1240	Hackett	Derek	M	Sen	0:18:28	0:18:24
7	1283	White	Bernie	F	F40	0:19:33	0:19:30
8	1229	Farrell	Liam	M	Sen	0:19:44	0:19:41
9	1215	Cordero	Jorge	M	Sen	0:20:16	0:20:14
10	1168	Swalbe	Warren	M	Sen	0:20:25	0:20:20
11	1270	Ryan	Patricia	F	Sen	0:20:35	0:20:32
12	1265	Polesel	Paolo	M	Sen	0:20:49	0:20:45
13	1230	Fegan	Eoin	M	Sen	0:20:58	0:20:53
14	1292	Quinn	Noel	M	M50	0:21:00	0:20:53
15	1253	McHugh	Roy	M	Sen	0:21:02	0:21:00
16	1249	Mc Adam	Aileen	F	F40	0:21:06	0:21:02
17	1298	Kerin	Kathleen	F	Sen	0:21:09	0:21:09
18	1268	Reynolds	Teresa	F	Sen	0:21:42	0:21:35
19	1231	Fields	Nicola	F	F40	0:22:56	0:22:50
20	1224	Emmerson	Barbara	F	F50	0:23:22	0:23:17
21	1186	Judge	Sean	M	M50	0:24:45	0:24:39
22	1241	Harrington	Sonia	F	Sen	0:24:45	0:24:40
23	1205	Blunden	Alice	F	Sen	0:24:59	0:24:53
24	1203	Bennett	Louise	F	Sen	0:25:23	0:25:19
25	1255	Mezzarobba	Elena	F	Sen	0:25:25	0:25:19
26	1279	Walsh	Sara	F	Sen	0:25:28	0:25:22
27	1291	Nolan	Elaine	F	Sen	0:25:51	0:25:43
28	1276	Totterdell	Aoife	F	Sen	0:25:53	0:25:47
29	1217	D'Arcy	Sharon	F	Sen	0:25:56	0:25:49
30	1227	Fagan	Susan	F	Sen	0:26:06	0:25:58
31	1239	Gunning	Kerrie	F	Sen	0:26:08	0:26:00
32	1207	Breen	Aine	F	Sen	0:26:11	0:26:07
33	1272	Somerville	Pamela	F	Sen	0:26:11	0:26:09
34	1214	Connolly	Brenda	F	Sen	0:26:29	0:26:25
35	1294	Totterdell	Katie	F	Sen	0:26:30	0:26:24
36	1222	Duffy	Lara	F	Sen	0:26:54	0:26:49
37	1211	Byrne	Kinga	F	Sen	0:27:20	0:27:20
38	1246	Kelly	Rebecca	F	Sen	0:27:44	0:27:39
39	1250	Mc Donnell	Ann	F	Sen	0:27:59	0:27:55
40	1296	McMaugh	Eamon	M	Sen	0:28:27	0:28:21
41	1221	Dowling	Michelle	F	Sen	0:28:36	0:28:32
42	1218	Dempsey	Adam	M	Sen	0:28:42	0:28:39
43	1284	White	Fiona	F	Sen	0:29:00	0:28:57
44	1213	Clarke	Emma	F	Sen	0:29:33	0:29:24
45	1202	Barry	Caitriona	F	Sen	0:29:38	0:29:36
46	1237	Grant	Hilary	F	Sen	0:30:07	0:30:00
47	1209	Burke	Niall	M	Sen	0:31:31	0:31:22
48	1281	Watts	Laura	F	Sen	0:31:51	0:31:44
49	1223	Dunne	Gillian	F	Sen	0:31:51	0:31:44
50	1285	Williams	Ursula	F	Sen	0:31:52	0:31:44
51	1256	Miller	Deirdre	F	F40	0:32:27	0:32:24
52	1258	Mulligan	Laura	F	Sen	0:42:29	0:42:25