

Place	Bib	Surname	Name	Sex	Cat	Club	Race Time	Club Time
1	806	McGrath	Mark	M	O 40		0:18:34	0:18:33
2	647	Clarke	Ben	M	Sen		0:19:21	0:19:20
3	925	Clarke	Amy	F	Sen		0:19:47	0:19:46
4	640	carr	michael	M	Sen		0:20:49	0:20:48
5	747	Hitz	Paul	M	Sen		0:21:07	0:21:07
6	661	Costello	Liane	F	Sen	Shane Smith Fitness	0:21:40	0:21:43
7	808	McHale	Donal	M	O 50		0:22:19	0:22:19
8	685	doorley	shane	M	O 40		0:22:34	0:22:34
9	746	Heinze	Richard	M	Sen	Keoghies Dream Team	0:22:59	0:22:56
10	689	Dowling	Michelle	F	Sen		0:23:18	0:23:14
11	824	Moroney	Paul	M	Sen		0:23:22	0:23:19
12	812	McKnight	Flora	F	Sen		0:23:33	0:23:32
13	845	Nevins	Dave	M	O 50	Shane Smith Fitness	0:23:51	0:23:50
14	624	Brewer	Ronain	M	Sen		0:23:54	0:23:49
15	851	O'Connor	Michelle	F	O 40		0:23:55	0:23:51
16	875	Purcell	Lorna	F	Sen		0:24:09	0:24:07
17	686	Dowdall	Suzanne	F	Sen	Shane Smith Fitness	0:24:19	0:24:19
18	662	Costello	Virginia	F	O 50	Shane Smith Fitness	0:24:21	0:24:47
19	724	Giner	Elena	F	Sen		0:24:32	0:25:42
20	643	carter	daniel	M	Sen		0:24:45	0:24:42
21	911	Walsh	Fergus	M	O 40	Shane Smith Fitness	0:25:30	0:25:48
22	681	Dignam	Hilary	F	O 40	Shane Smith Fitness	0:26:03	0:26:16
23	855	O'Flaherty	Deirdre	F	Sen		0:26:19	0:26:30
24	846	Nevins	Siobhan	F	O 40	Shane Smith Fitness	0:26:30	0:27:36

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25	773	Langan	Michael	M	O 40		0:26:32	0:26:30
26	852	O'Donnell	Briana	F	Sen	Portmarnock AC	0:26:49	0:26:55
27	830	Morrogh	William	M	O 50		0:27:04	0:26:43
28	786	Lyng	Roisin	F	Sen		0:27:18	0:27:12
29	936	Lyng	Paul	M	O 50		0:27:19	0:27:13
30	849	Nolan	Roisin	F	O 40		0:27:21	0:27:19
31	836	murphy	claire	F	Sen		0:27:49	0:28:05
32	664	Craven	Jane	M	Sen	Keoghies Dream Team	0:27:53	0:27:51
33	734	Hamilton	Ron	M	O 50		0:28:42	0:28:37
34	897	Smith	Mark	M	Sen		0:28:51	0:28:49
35	628	Broomfield	Rebecca	F	Sen		0:29:23	0:29:19
36	876	Quigley	Maria	F	Sen		0:29:29	0:29:24
37	673	Davis	Carole	F	Sen	ICON Running Team	0:29:36	0:29:31
38	601	Abraham	Sarah	F	O 40		0:29:49	0:29:44
39	618	Brennan	Barry	M	Sen		0:29:53	0:29:50
40	698	Fagan	Jennifer	F	O 40		0:29:55	0:29:53
41	871	Phillips	Una	F	O 40		0:30:02	0:30:00
42	888	Rowley	Ellen	F	O 40		0:30:07	0:30:03
43	743	Hatch	Paula	F	Sen		0:30:48	0:30:44
44	708	Fox Hamilton	Nicola	F	Sen		0:30:55	0:30:50
45	722	Gilligan	Johanna	F	Sen		0:31:24	0:31:21
46	609	Berrill	Grainne	F	Sen		0:31:25	0:31:21
47	799	McDermott	Sorcha	F	Sen		0:31:48	0:31:45
48	868	O'Reilly	Sandra	F	O 40	Shane Smith Fitness	0:32:57	0:33:12

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49	857	O'Leary	leah	F	Sen		0:33:19	0:33:16
50	680	Devlin	Stephen	M	O 40	Shane Smith Fitness	0:33:41	0:33:59
51	710	Garcia	Marta	F	Sen		0:35:31	0:35:29
52	850	O'Connor	Catriona	F	Sen		0:36:45	0:36:43
53	820	Molloy	Fiona	F	Sen		0:36:51	0:36:45
54	745	Heaslip	Siobhan	F	O 40	Shane Smith Fitness	0:39:04	0:39:04
55	604	Balint	Erika	F	Sen		0:45:30	0:45:27